

*Start or advance your EMS or  
healthcare career in 2020!*

## Course Schedule

*January-April 2020*



*Conveniently located off Highway 580 in Dublin!*

- ❖ **EMT Training**
- ❖ **AHA**

- ❖ **Nursing CE**
- ❖ **State Fire**

## General Information

American Health Education (AHE), located in Dublin, CA, provides the highest level of quality education to medical professionals. We prepare our students with the knowledge, skills and competencies necessary to excel in their profession, and offer continuing education to those looking to grow their knowledge. Our office hours are 9:00 a.m. to 5:00 p.m., Monday–Friday.

### CE PROVIDER

American Health Education offers continuing education through Alameda County EMS Office EMS - CE Provider #01-0033, the California Board of Registered Nursing BRN-CE Provider #13935 and California Department of Health Services CNA-NAC #6624. For specific course approval, please contact your accrediting agency to confirm continuing education requirements. American Health Education is a private institution and is approved to operate by the Bureau for Private Post Secondary Education. Approval to operate means we are in compliance with the California Private Postsecondary Education Act of 2009. [www.bppe.ca.gov](http://www.bppe.ca.gov).

### COURSE REGISTRATION

Students may register by completing a Registration Form (online/by mail), along with appropriate payment, to our corporate office: **American Health Education, Inc., 6761 Sierra Court, Suite G, Dublin 94568**. Or, register by credit card by calling **(800) 483-3615**. **NOTE: Registration is not guaranteed until American Health Education has received your payment. AHE reserves the right to refuse service to anyone.**

### CANCELLATION/TRANSFER/REFUND POLICY

Not applicable to continuing education or EMT Training Programs.

- **One-time only** transfer fee, 8 working days or more in advance of course
- **\$15 charge to transfer**

All fees, cancellation, withdrawal and refund information will be disclosed to the prospective students prior to enrollment and listed on the Enrollment Agreement and in the Catalog.

Students must contact AHE staff directly to cancel, Mon-Fri 9:00 am-5:00 pm. In the event of a course cancellation initiated by American Health Education, Inc., the student will receive a full refund or voucher, solely at the student's discretion. Program date changes or cancellations may occur in the event of unforeseen instructor emergencies.

[American Health Education is located in Sierra Trinity Business Park:](#)

6761 Sierra Court, Suite G, Dublin, CA 94568  
(800) 483-3615

[www.americanhealtheducation.com](http://www.americanhealtheducation.com)

**Attention All Healthcare Providers:** *Don't let your AHA Certifications Expire!*

American Health Education is an authorized American Heart Association Training Center.

This means when you take and pass your class you will receive your card that day, no waiting. We offer BLS, ACLS and PALS certification and Re-certification courses throughout the month. See pages 5-7 for a schedule of courses that meets your needs.

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### Meet our partner: NORCAL Ambulance



American Health Education is lucky to share our training space with our partner, NORCAL Ambulance. Founded in 2005, NORCAL Ambulance is the premier leader for medical transportation in Northern California. A locally-owned, private company, NORCAL partners with hospitals and healthcare systems throughout the region. Our students get to train on their top-of-the-line equipment, mix with their leadership team, sign-up for ride-alongs, and are encouraged to apply for hire upon completion of their EMT training.



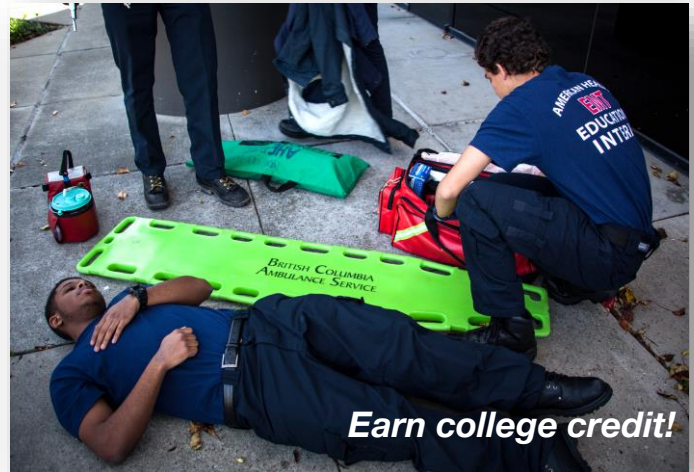
# Emergency Medical Technician (EMT)

*Train to Save Lives*

Train to become an EMT! Emergency Medical Technicians have many opportunities in the EMS field. These include working as a firefighter or emergency room technician, driving an ambulance, or working in the entertainment industry at concerts or sporting events. EMTs have the opportunity to make a difference in the lives of those in need!

We offer weekend and weekday programs to work with your busy schedule. You can complete your training in as little as one month!

**Course includes:** Externship placement to one of our contracted providers: **NORCAL Ambulance, Royal Ambulance, Pro-Transport-1 and United Ambulance.** National Registry skills testing is included in course fee.



*Earn college credit!*



**Pre-requisites:** High school diploma or equivalent, 18 years old, valid identification card, current healthcare insurance, American Heart Association BLS card. Proof of immunizations: TB- within 6 months, Tetanus- within 10 years, MMR, Varicella, Hep B- at least the first shot in series, and flu shot (seasonal).

**Requirements:** Students must pass a background check and drug test. Contracted vendor will perform service during the course. The approximate fee is \$85. Once you register, you will be contacted by [Eloina@americanhealtheducation.com](mailto:Eloina@americanhealtheducation.com) to complete your application and enrollment process.. **The application fee of \$250.00 is non-refundable and is to be paid separately upon application submittal.**

**EMT Program Fee: \$2500**  
 STRF - \$0.00 non-refundable  
 \$250 application fee non-refundable  
 Course fee includes e-book and MyBradyLab, *Brady Emergency Care 13<sup>th</sup> Edition*

**EMT Weekend Training Schedule**  
 (Sat/Sun 9:00-5:30)

- January 11, 2020 – March 22, 2020
- April 4, 2020 – June 14, 2020

**EMT Weekday Training Schedule**  
 (Mon/Tues/Wed/Thurs 9:00- 5:30)

- January 6, 2020 – February 6, 2020
- March 2, 2020 – April 2, 2020
- April 13, 2020 – May 14, 2020

**Enrolled EMT Students can take the BLS/CPR class at a discount fee of \$30 – Call for details!**

## **Ask about our payment plan**

All tuition, charges, and fees shall be disclosed to prospective students prior to enrollment and listed in the Catalog and Enrollment Agreement. The Catalog is available online or by request. Call 800-483-3615 or visit our website, [www.AmericanHealthEducation.com](http://www.AmericanHealthEducation.com).

## EMS CE Courses

### Emergency Medical Technician–EMT Refresher Course – 24 CE

**Get your updated training with AHE!** Certified EMT's in the State of California must re-certify every 2 years to maintain EMT certification. To re-certify EMT's must complete 24 hours of continuing education and pass a skills competency verification examination. Our **24 hour approved course** has been updated to comply with the **new mandatory** training requirements for EMT certificate renewal including didactic and skills training for Hemostatic dressing, Naloxone, Epinephrine, and Glucometers and TCC. **We make it easy...** EMT's receive **24 CE certificate** and **EMSA skills competency verification** to complete recertification through their EMS Agency. Does not include National Registry testing.



**Fee: \$375.00 Time: 9:00 am- 5:00pm**

- January 21, 22, 23, 2020 (Tues/Wed/Thurs)
- February 21, 22, 23, 2020 (Fri/Sat/Sun)
- March 6, 7, 8, 2020 (Fri/Sat/Sun)
- April 6, 7, 8, 2020 (Mon/Tues/Wed)

Check out our  
AHA certification courses  
Page 5

### EMT County Skills Verification- 4 CE

**Worry free training...our course meets the new mandatory training requirements and now includes 4 CE's!** Take our updated course that meets the requirements for EMT certification renewal. Includes didactic and skills training for Hemostatic dressing, Naloxone, Epinephrine, and Glucometers and TCC. EMT's receive **4 CE certificate** and **EMSA skills competency verification** to complete re-certification through their EMS Agency. Does not include National Registry testing. **EMT License required.**

**Fee: \$175.00** Morning and afternoon options:

**Time: 9:00 a.m.**

- January 3, 2020 (Fri)
- February 12, 2020 (Wed)
- March 26, 2020 (Thurs)
- April 20, 2020 (Mon)

**Time: 5:00pm**

- January 21, 2020 (Tues)
- February 21, 2020 (Fri)
- March 6, 2020 (Fri)
- April 6, 2020 (Mon)

### EKG Rhythm Identification

This 12-hour course is designed to provide a comprehensive study of basic cardiac arrhythmia identification. We will begin at the very basic level of cardiac anatomy. Learn to read an EKG strip, determine what the normal components of the EKG waveform are, examine the basic cardiac dysrhythmias, and increase your knowledge of the causes and treatments of cardiac arrhythmias. This course is ideal for RNs, LVNs, Paramedics and EMTs looking to increase their cardiac clinical competency. The BRN does not recognize CE's for RNs for this class, therefore RNs will receive a completion certificate

**Instructor:** Barry Rose, April 7 & 8, 2020 (Tues/Wed) Dublin 9:00am-4:30pm



# California State Fire Training

January – April 2020

9:00 a.m. - 5:00 p.m.

6761 Sierra Court, Suite G, Dublin

**Enroll before SFT fees increase 7/2020!**

Inspector Series Training Dates:		Fee:	Instructor
Inspector 1A	February 19-21, 2020	\$345.00	Jones
Inspector 1B	March 18-20, 2020	\$345.00	Jones
Inspector 1C	May 11-13, 2020	\$345.00	Jones
Inspector 1D	May 14-15, 2020	\$325.00	Jones
Company Officer Training Dates:			
Company Officer 2A	February 2-7, 2020	\$395.00	Rose
Company Officer 2B	March 9-11, 2020	\$355.00	Rose
Company Officer 2D	April 20-24, 2020	\$395.00	Rose
Instructor Training Dates:			
Instructor I	February 24-28, 2020	\$395.00	Rose
Instructor II	March 23-27, 2020	\$395.00	Rose
Instructor I	May 4-8, 2020	\$395.00	Rose

**Register early- space is limited!**

**Prerequisites:**

- Company Officer 2A- Fire Fighter II
- Company Officer 2B- Fire Fighter II
- Company Officer 2C- Fire Fighter II
- Company Officer 2D- Fire Fighter II, ICS-200.B: Incident Command System For Single Resources and Initial Action Incidents Hazardous Material Incident Commander (as offered by the California Specialized Training Institute)
- Instructor I- None.
- Instructor II- Instructor I
- Fire Inspector 1A- None, Fire Inspector 1B- Fire Inspector 1A, Fire Inspector 1C- Fire Inspector 1B, Fire Inspector 1D- Fire Inspector 1C

Check the OSFM website for full course description and pre-requisites:

<http://osfm.fire.ca.gov/training/training.php>

Student Manuals are available and downloadable for most classes.

Please bring the required student materials to class.

# American Heart Association (AHA) Certification Courses

The American Heart Association promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.



American Health Education has been an American Heart Association (AHA) authorized Training Center since 2003. We train over 7,000 healthcare providers annually, and are committed to providing the highest level of quality AHA training to the pre-hospital and hospital medical professional. We utilize experienced AHA instructors who teach the AHA curriculum to medical professionals at all levels, in a non-stressful environment. We equip our students with the knowledge, skills, and competencies to achieve certification.

## Basic Life Support (BLS)/CPR

This course is for healthcare providers to learn how to save a life. The course provides information for assessing, planning, implementing, and evaluation during cardio-pulmonary emergencies. Learn to: recognize the signals of heart attack and take appropriate actions, perform one and two rescuer CPR, gain early access to Emergency Medical Services (EMS), recognize and respond to sudden unexpected death, assist a choking adult, child, or infant victim, and perform adult, child, and infant CPR. Students must pass written and skills competency testing for certification.

## BLS Certification-for first time students

Initial certification: **\$75 without book**

Time: 9:00am-2:00pm

- January 3, 2020 (Fri)–Dublin
- February 18, 2020 (Tues)–Dublin
- March 27, 2020 (Fri)–Dublin
- April 1, 2020 (Wed)–Dublin

## BLS-Experienced CPR students

Bring current AHA book to class.

Certification: **\$60 without book**

- January 15, 2020 3 pm-6pm (Wed)–Dublin
- January 20, 2020 9am -12pm (Mon)–Dublin
- January 20, 2020 1pm-4pm (Mon)–Dublin
- February 11, 2020 3pm -6pm (Tues)–Dublin
- February 25, 2020 9am -12pm (Tues)–Dublin
- February 25, 2020 1pm-2pm (Tues)–Dublin
- March 4, 2020 3 pm -6pm (Wed)–Dublin
- March 30, 2020 9am -12pm (Mon)–Dublin
- March 30, 2020 1pm-4pm (Mon)–Dublin
- April 7, 2020 3 pm -6pm (Tues)–Dublin
- April 16, 2020 9am -12pm (Thurs)–Dublin
- April 16, 2020 1pm-4pm (Thurs)–Dublin

## Mills-Peninsula Employee Training

*Call 800-483-3615 to register with Employee ID*

### BLS-Experienced

- January 10, 2020 9am-12pm (Fri) MPHS
- January 10, 2020 1pm-4pm (Fri) MPHS
- January 29, 2020 9am-12pm (Wed) MPHS
- January 29, 2020 1pm-4pm (Wed) MPHS
- February 6, 2020 9am-12pm (Thurs) MPHS
- February 6, 2020 1pm-4pm (Thurs) MPHS
- February 26, 2020 9am-12pm (Wed) MPHS
- February 26, 2020 1pm-4pm (Wed) MPHS
- March 6, 2020 9am-12pm (Fri) MPHS
- March 6, 2020 1pm-4pm (Fri) MPHS
- March 25, 2020 9am-12pm (Wed) MPHS
- March 25, 2020 1pm-4pm (Wed) MPHS
- April 3, 2020 9am-12pm (Fri) MPHS
- April 3, 2020 1pm-4pm (Fri) MPHS
- April 30, 2020 9am-12pm (Thurs) MPHS
- April 30, 2020 1pm-4pm (Thurs) MPHS

### MPHS-BLS Certification-for first time students

- January 23, 2020 9am-2pm (Thurs) MPHS

Location: 1635 Rollins Road, Burlingame  
Books are available in Education/Training Department.



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**TRAINING**  
C E N T E R

# Advanced Cardiac Life Support (ACLS)

This course emphasizes assessment and management of adult cardiac patients, including respiratory, AED, stroke, ACS, cardiac arrest, and includes BLS proficiency and ACLS written and skills testing. **Expired card holders** with ACLS mastery knowledge may take the recertification class. An American Heart Association ACLS ecard is issued upon successful completion of this course. The ACLS Provider course does not include BLS certification. Refer to BLS schedule for class dates. Individual ACLS Skills testing provided by appointment. Complete online training at [www.elearning.heart.org](http://www.elearning.heart.org).

## **Mandatory pre-course preparation includes:**

1. Complete the pre-course checklist that came with your ACLS Provider Manual. Bring it with you.
2. Review the course agenda.
3. Review and understand the information in your ACLS Provider Manual. Pay particular attention to the 10 core cases in Part 4.
4. Review and understand the information in the BLS for Healthcare Providers manual. The resuscitation scenarios require that your BLS skills and knowledge are current. You will be tested on adult 1-rescuer CPR and AED skills at the beginning of the ACLS Provider Course. You will not be taught how to do CPR or how to use an AED. You must know this in advance.
5. Review, understand, and complete the ECG and Pharmacology pre-course assessment tests online, following the instructions in your book. You will not be taught how to read or interpret ECGs in the course, nor will you be taught details about ACLS pharmacology.
6. Print your scores for the pre-course assessment tests and bring them with you to class. You will not be able to attend the course without the pre-course assessment tests.

**Not covered:** The ACLS Provider Course does not teach algorithms, ECG, or pharmacology information. If you do not learn and understand the ECG and pharmacology information in the pre-course assessment tests, it is unlikely that you can successfully complete this course.

## **ACLS Certification- initial training**

12 CE's issued for course hours.

Initial Certification: **\$250-without book**

Time: Day 1 9:00am-3:00pm

Day 2 9:00am-3:00pm

- January 14 & 15, 2020 (Tues/Wed)
- February 10 & 11, 2020 (Mon/Tues)
- March 3 & 4, 2020 (Tues/Wed)
- April 6 & 7, 2020 (Mon/Tues)

## **ACLS Recertification—experienced providers**

**Those enrolled in ACLS can take BLS on the same day! Fee: \$195 without book, \$255 w/BLS**

6 CE's issued for course hours.

Time: 9:00am-3:00pm

- January 18, 2020 (Sat)
- January 31, 2020 (Fri)
- February 14, 2020 (Fri)
- February 29, 2020 (Sat)
- March 16, 2020 (Mon)
- March 31, 2020 (Tues)
- April 10, 2020 (Fri)
- April 28, 2020 (Tues)



## **Mills-Peninsula Employee Training**

You must call 800-483-3615 to register with *Employee ID*. **Those enrolled in ACLS can take BLS on the same day.** 6 CE's issued for course hours. Time: 9am-5pm. Location: 1635 Rollins Road, Burlingame.

Books are available in Education/Training.

- January 16, 2020 (Thurs) MPHS
- February 20, 2020 (Thurs) MPHS
- March 11, 2020 (Wed) MPHS
- April 24, 2020 (Fri) MPHS

**ACLS Certification MPHS Employees only**

- March 12 & 13, 2020 (Thurs/Fri) MPHS



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C E N T E R



# Pediatric Advanced Life Support (PALS)

This course emphasizes management of seriously ill or injured pediatric patients. The two-day comprehensive course reviews BLS, respiratory failure, shock, cardiac arrhythmias, and vascular access. **Expired card holders** with PALS mastery knowledge may take the recertification class. An American Heart Association PALS ecard will be issued upon successful completion of this course. Individual PALS Skills testing provided by appointment. Complete online training at [www.elearning.heart.org](http://www.elearning.heart.org)

## Mandatory pre-course preparation includes:

1. Pre-course checklist: Complete the pre-course checklist that came with your PALS Course Guide. *Bring the checklist with you to class.*
2. CPR competency: Be prepared to pass the child 1-rescuer CPR/AED and infant 1-and 2-rescuer CPR skills test. You will not be taught how to do CPR or how to use an AED during the course. You must know this in advance.
3. Complete the self-assessment test online bring the printout of your score with you to the PALS course. This test consists of 3 sections: ECG rhythm identification, pharmacology, and practical application. Use this assessment to identify areas where you need to increase your knowledge.
4. Practice cases: Work through the practice cases to familiarize yourself with the “assess-categorize-decide-act” model taught in the course. As you read through each case, try to answer the questions, then check your answers.
5. PALS algorithms and flowcharts: Be familiar with the PALS algorithms and flowcharts so that you can apply them to clinical scenarios. Note that the PALS course does not present the details of each algorithm.
6. Supplement your knowledge: Review and understand the information in the PALS Provider Manual, the PALS Course Guide. Pay particular attention to the systematic approach to pediatric assessment, the “assess-categorize-decide-act” model, and the management of respiratory and circulatory abnormalities.
7. Course agenda: Review the course agenda and note course activities where you might need to supplement your knowledge before attending the course.
8. Print your scores for the pre-course assessment tests and bring them with you to class. You will not be able to attend the course without the pre-course assessment tests.

### PALS Certification-Initial Training

12 CE's issued for course.

Initial Certification: **\$260 without book**

Time: Day 1 9:00am-3:00pm

Day 2 9:00am-3:00pm

- January 6 & 7, 2020 (Mon/Tues)
- February 12 & 13, 2020 (Wed/Thurs)
- March 17 & 18, 2020 (Tues/Wed)
- April 8 & 9, 2020 (Wed/Thurs)



### PALS Recertification-Experienced Providers

6 CE's issued for course.

Re-certification: **\$195 without book**

Time: 9:00am-3:00pm

- January 27, 2020 (Mon)
- February 27, 2020 (Thurs)
- March 23, 2020 (Mon)
- April 17, 2020 (Fri)

**Mills-Peninsula Employee Training** : You must call 800-483-3615 to register with *Employee ID*.

### MPHS PALS Recertification

6 CE's issued for course hours. Time: 9am-3pm. Location: 1635 Rollins Road, Burlingame. Books are available in Education/Training.

- February 21, 2020 (Fri) MPHS

# Interested in teaching CPR?

## American Heart Association Instructor Courses

*How to become an AHA Instructor:*

1. Be accepted by an AHA Training Center prior to enrolling in an Instructor Course and have a completed Instructor Candidate Application to file with that Training Center. Contact [julie@americanhealtheducation.com](mailto:julie@americanhealtheducation.com) for information.
2. Have current AHA provider status in the discipline for that Instructor Course and be proficient in all the skills of that discipline.
3. Complete the American Heart Association online Instructor Essentials Course at [www.elearning.heart.org](http://www.elearning.heart.org).
4. Successfully complete the discipline-specific classroom Instructor Course. Steps 1-2 must be completed prior to enrolling in any Instructor Course.
5. Successfully complete being monitored teaching the first course within six months of completing the discipline-specific classroom Instructor course (Training Center coordinators can require additional monitoring if needed).

### BLS Instructor Course: One-Day

**Fee: \$495, Time: 9:00am–5:00pm, 8 CE**

**January 28, 2020 (Tues)**

**March 4, 2020 (Wed)**

ACLS & PALS Instructor Courses scheduled as requested. To join our waiting list, contact: [Julie@americanhealtheducation.com](mailto:Julie@americanhealtheducation.com). Purchase your instructor book: <http://aha.channing-bete.com>

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### What our students think about our courses:

- *"I will use this information to effectively interact with patients and co-workers."-RN Refresher student*
- *"The teachers were great. My favorite part was that they made learning interactive."-EMT-B student*
- *"The most important things I learned were my options after the course, the diversity of fellow students, and good communication techniques that I will use every day!-RN Refresher student*
- *"I learned how to handle life threats and think on my feet."-EMT-B student*
- *"I understand how to treat the patient, not the monitor-and how to look at every patient with fresh eyes."-EMT-B student*



# Specialty Training

## Monitor Technician Training Program

This program provides an excellent opportunity for entry into or advancement within the healthcare field. A monitor technician fills an important role on the patient-care team by carefully watching patients heart rhythms on monitors and alerting staff when abnormal rhythms are displayed. At the completion of these 4 days of intensive instruction you will have gained proficiency in the following: lead placement for telemetry monitoring, basic EKG interpretation, advanced arrhythmia recognition, and communication skills on the healthcare team. Students must pre-register and provide copies of: driver's license/ID and high school diploma or medical license. A competency-based certificate is awarded upon successful completion. **This course is no longer approved for CNA CEs.**

Instructor: Barbara Shannon, RCP, RN

Fee: \$450.00

Dates/Location: **December 16, 17, 18, 2019 (Mon/Tues/Wed/Fri)**

Dublin 9:00am-4:30pm

**March 9, 10, 11, 13, 2020 (Mon/Tues/Wed/Fri)**

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## AHA Skills Sessions: Flexible one-on-one skills check

Online training provides a flexible alternative to classroom training. Students must complete the online course, then print out the Part 1 completion certificate and call to schedule skills practice and testing. Skills sessions are not included with the purchase of an online (Part 1) course. Students can schedule a private individual skills practice and testing to fit their schedule. ACLS skills fee: \$195, PALS skills fee: \$195, BLS skills fee: \$50.

1. Go to the AHA website: [www.elearning.heart.org](http://www.elearning.heart.org)
2. Select online course:
  - a. BLS - Basic Life Support- HeartCode BLS Part 1
  - b. ACLS - Advanced Cardiovascular Life Support-HeartCode ACLS Part 1
  - c. PALS - Pediatric Advanced Life Support-HeartCode PALS Part 1
3. Complete online course and print out your course completion certificate
4. Call 800-483-3615 to schedule a private skills practice and testing session

AHA ecard issued upon successful completion. Students must present online course certificate.

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## ACLS Group Training **Onsite training is available at hospital, clinical, surgery centers, fire departments and ambulance companies on YOUR schedule!**

American Health Education offers significant discount rates for group training. Do you have staff or a group of co-workers that need ACLS/BLS Re-certification? Group training with AHE is easy as 1-2-3. Just select the group training option that meets your needs, and:

1. Check out and pay for the group rate.
2. You will be contacted by AHE directly to schedule your class.
3. These courses are for Recertification only and students are required to follow the AHA Recertification guidelines.

For all ACLS training courses, students must bring current AHA ACLS card, textbook, and pre-test scores to class. Take this 6-hour course and a Continuing Education completion certificate and AHA card will be issued to all successful participants. For all BLS training courses, students must take the AHA online course-[www.elearning.heart.org](http://www.elearning.heart.org). Print out the certificate and bring to class. The instructor will provide the BLS skills verification. AHA online fees are separate fees paid directly to AHA and not included in this offer. All CE course completion certificates and cards are issued on the **SAME DAY**-no waiting. Courses can be held at our office conveniently located off Dublin Blvd near 580/680 interchange with **FREE** parking. Day, evening, and weekend time slots are available.

- **ACLS Re-certification w/BLS Skills verification for six students-\$1000.00**
- **ACLS Re-certification w/BLS Skills verification for nine students-\$1500.00**

Contact Julie for questions or more information-julie@americanhealtheducation.com

## RN Specialty Training–Series Programs

For all series programs, you may take classes at the discounted rate by registering for the whole program or take the classes individually at the daily fee. If all required days are taken within 2 years, you will receive a completion certificate. In case of an emergency, you may miss one day of the series (when registered for the whole series) and make that day up next time the program is offered, paying a \$15 transfer fee. If more than one day is missed, you will be required to pay the full one-day fee when re-registering. (Program date changes may occur in the event of unforeseen instructor emergencies.)

### RN Refresher Course (70 CE)

This 12-day comprehensive program encompasses innovations in health care as mandated by evidence-based practice, diagnosis related core measures, and contemporary health care regulations. The needs of a cultural as well as age-diverse population will be addressed. Two days of practicum includes critical thinking exercises, applying standardized procedures, and collaborative management during a series of rapid response events. The course includes a voucher for the Basic Life Support (BLS) class. A RN Refresher Program completion certificate is provided upon completion of all 12 days.

**Dates:** January 8, 10,11,16, 17, 18, 22, 24, 25, 30, 31, February 1, 2020

**Time:** 9:00am-4:30pm

**Fee:** \$1,200.00

*Discount fee for early registration–pay by December 26, 2019–\$1,150.00*

### Critical Care Nursing Program (60 CE)

This program is designed to provide the theoretical foundation to enable nurses to transition to Critical Care Nursing in a precepted environment. If you are a RN with no previous experience in Critical Care Nursing or if you need a review, this program is for you. Curriculum includes: Respiratory Assessment, Basic Ventilator Workshop, Neurological syndromes and Management, Cardiac Drugs and Drips, Neuro System Review, GI and Renal Systems Review, Basic Hemodynamic Monitoring, Applied Hemodynamic Monitoring, Cardiovascular Nursing-Medical and Cardiovascular Nursing Surgical. A Critical Care Nursing Program completion certificate is provided upon completion of all 10 days.

**Dates:** February 8, 22, 29, March 6, 7, 14, 20, 21, 27, April 4, 2020 (Fri/Sat)

**Time:** 9:00am-4:30pm

**Fee:** \$1,100.00

*Discount fee for early registration–pay by January 24, 2020–\$1,050.00*

### Basic Emergency Nursing Program (32 CE)\*

*Excel in the Emergency Department!* This course is presented by Bella P. Harrison, RNC who has 27 years of nursing experience specializing in trauma and emergency care. For 10 years she has served as a team member on multiple Red Cross Disaster Teams in the US and abroad. The Basic Emergency Nursing Program curriculum she has developed is based on Sheehy's Manual of Emergency Nursing Care 7th Edition. This 4-day course provides RN's the essential knowledge base required for assessment and initial management of the emergency patient. Each day is structured to build from basic nursing emergency care to more complex care. The last day is devoted to management of Trauma and can be taken as a single class day.\*

**Instructor:** Bella P. Harrison, RNC

**Fee:** \$525.00

**Dates/Time:** Coming Soon!

*Discounted fee for early registration–\$495.00*

## RN & EMS Continuing Education Courses

### All in the Abdomen (6 CE)

**RN DAY 9:** This program will provide the knowledge essential to the early recognition of changes and to correctly intervene and reduce adverse sequela in acute pancreatitis, liver failure, GI bleed, acute abdomen, septic & hemorrhagic shock. Because renal dysfunction is often associated in these situations, risk factors and evidence-based strategies for prevention and treatment for acute and acute on chronic renal failure will be integrated.

Instructor: Elizabeth Arce, RN, Esq

Fee: \$120.00

Dates/Time/Location: **January 25, 2020 (Sat)**

9:00am-4:30pm



### Cardiac Drugs and Drips (6 CE)

**CC DAY:** Pharmacological management of hypertension, myocardial infarction, heart failure, atrial and ventricular arrhythmias is the focus of this program. Drug classifications (and their physiologic actions, indications, dosages, combination therapies, adverse reactions and nursing interventions) include: antiarrhythmics, diuretics, calcium channel blockers, thrombolytics, IIb, IIIa agents, anti-coagulants, anti-hypertensives and beta-blockers.

Instructor: Natalie Correll-Yoder, RN, MS, CCRN

Fee: \$120.00

Dates/Time/Location: **February 8, 2020 (Sat)** –Dublin

9:00am–4:30pm

### Cardiac Nursing (6 CE)

**RN DAY 6:** This program provides the tools to assess signs and symptoms of cardiac disorders including acute coronary syndrome, myocardial infarction and congestive heart failure.

Instructor: Coreen Patrick-Hartley, RN, MSN

Fee: \$120.00

Dates/Time/Location: **January 18, 2020 (Sat)**–Dublin

9:00am-4:30pm

### Cardiovascular Nursing: Medical Perspective (6 CE)

**CC DAY :** This program presents an overview of unstable angina, acute MI, management of CHF and includes a discussion of interventional cardiology procedures such as angioplasty, atherectomy, and stents plus a discussion of pacemakers and implanted defibrillator management are addressed.

Instructor: Angelina Daco, RN, CCTN, CCRN, PLNC, TPATC

Fee: \$120.00

Dates/Time/Location: **March 6, 2020 (Fri)** –Dublin

9:00am-4:30pm

### Cardiovascular Nursing: Surgical Management (6 CE)

**CC DAY :** If you are a nurse who cares for patients with cardiovascular and/or peripheral vascular disease, you will want to attend this course. Emphasis is on acute nursing management following open-heart surgery including CABG and valve replacement. Acute medical and nursing interventions for the patient with carotid, peripheral vascular and aortic disease.

Instructor: Angelina Daco, RN, CCTN, CCRN, PLNC, TPATC

Fee: \$120.00

Dates/Time/Location: **March 27, 2020 (Fri)** –Dublin

9:00am-4:30pm

Please bring your current drivers license/identification card and Healthcare Provider License to all classes.

## **Collaborative Management: Putting it All Together Part 1 & 2 & 3 (18 CE)**

**RN DAY 7 & 10 & 11:** These three interrelated days will provide the medical-surgical RN with new assessment skills and contemporary intervention strategies: implementing algorithms and standardized procedures, and deployment of Rapid Response Team in a myriad of situations: acute coronary syndrome, stroke, hypoglycemia, respiratory depression, anaphylaxis, sepsis, and other shock states, to name a few.

- You will learn to first ask the critical question: Why do we think there is a problem? And then: How do we intervene to prevent or reduce adverse sequela?
- Attendance on all 3 Collaborative Management & Skills Days is required for credit.
- Practicum subject to change at instructors' discretion.

Instructors: Multiple

Dates/Time/Location:

Part 1- **January 22, 2020 (Wed)**–Dublin

Part 2- **January 30, 2020 (Thurs)**–Dublin

Part 3- **January 31, 2020 (Fri)**–Dublin

Fee: \$360.00

9:00am-4:30pm

9:00am-4:30pm

9:00am-4:30pm

## **Critical Thinking and Communication (6 CE)**

**RN DAY 1:** As a prelude to re-entering the nursing field, it is important to understand yourself and how you interact and communicate with others. In this class you will learn to communicate in an effective and timely way with others. You will learn to choose ways to clear up misunderstandings, diffuse your anger and frustration and strategize how to work with difficult people. You will also come to understand how to identify, maneuver and embrace differences.

Instructor:

Margie Chop, RN, BSN

Fee: \$120.00

Dates/Time /Location:

**January 8, 2020 (Wed)** -Dublin

9:00am-4:30pm

\_\_\_\_\_ *Are you a RN interested in working the ER?* \_\_\_\_\_

*Check out these courses:*

## **Trauma Management Basics: Coming Soon!**

In this one-day Trauma class students will learn the basics of trauma management by learning specific nursing responsibilities for the trauma patient, demonstrating in-class patient scenarios, primary and secondary assessment survey, and verbally correlating rationale supporting critical thinking specific to trauma care (8 CE).

Sheehy's Manual of Emergency Care- 7th Edition is **mandatory** for ER courses and may be purchased through <http://www.us.elsevierhealth.com> or Amazon.

## **Basic Emergency Nursing Program: Coming Soon! See page 10.**

Learn to excel in the Emergency Department! Trauma Management Basics is included in the ER Program or you can take it as a one-day class. **Don't miss it!**

***Don't let your AHA cards expire!***

Save money and time by taking a recertification course.  
See page 5-7 for BLS, ACLS, and PALS course schedules.

### EKG Rhythm Identification

This 12-hour course is designed to provide a comprehensive study of basic cardiac arrhythmia identification. We will begin at the very basic level of cardiac anatomy. Learn to read an EKG strip, determine what the normal components of the EKG waveform are, examine the basic cardiac dysrhythmias, and increase your knowledge of the causes and treatments of cardiac arrhythmias. This course is ideal for RNs, LVNs, Paramedics and EMTs looking to increase their cardiac clinical competency. The BRN does not recognize CE's for RNs for this class, therefore RNs will receive a completion certificate

Instructor: Barry Rose EMT-P Fee: \$240.00  
Date/Time/Location: April 7 & 8, 2020 (Tues/Wed)-Dublin 9:00am-4:30pm

### EKG 12-Lead (6 CE)

The 12 Lead ECG can be daunting. In this class we will review systematic ways to interpret and find cardiac ischemia, injury, and infarct. We will also review basic cardiology pertinent to the ECG. This is a practical approach, with the goal of being able to immediately use these fundamentals to improve patient care, as well as improving our confidence with ECGs

Instructor: Nicholas Lam EMT-P Fee: \$120.00  
Date/Time/Location: **Coming soon** 9:00am-4:30pm

### GI and Renal Systems Review (6 CE)

**CC DAY :** Review of the anatomy and pathophysiology of the renal system and major organs of the GI tract, nursing management of GI bleed, cirrhosis, acute renal failure, pancreatitis, diabetic ketoacidosis, HHNK, SIADH. Includes optional autopsy video of these systems.

Instructor: Elizabeth Arce, RN, Esq. Fee: \$120.00  
Dates/Time/Location: April 4, 2020 (Sat)-Dublin 9:00am-4:30pm

### Heart Failure- Improving Outcomes

About 5.7 million people in the US have heart failure. The prevalence is due to the aging population, improved HF diagnosis & treatment, and increased survival rates for acute MI. The estimated cost of HF in the USA is \$38B/ year. What is the most efficient way of preventing & diagnosing HF? What evidence-based HF treatments are available to lower morbidity & mortality? Learn the modern approach to treating heart failure and define your role in providing compassionate, evidence-based, and cost effective care.

Instructor: Elizabeth Arce, RN, Esq. Fee: \$120.00  
Dates/Time/Location: **Coming Soon!** 9:00am-4:30pm

### Hemodynamic Monitoring, Applied (6 CE)

**CC DAY:** Directed toward nurses with a working knowledge of invasive pressure monitoring who wish to expand their application of those principles, you will correlate hemodynamic measurements with underlying pathophysiology in patients with hypovolemia, cardiogenic shock, anaphylactic shock, neurogenic shock and sepsis, and discuss appropriate vasoactive drips as interventions.

Instructor: Natalie Correll-Yoder, RN, MS, CCRN Fee: \$120.00  
Dates/Time/Location: February 29, 2020 (Sat)-Dublin 9:00am-4:30pm



### **Hemodynamic Monitoring, Basic (6 CE)**

**CC DAY:** Basic concepts and techniques of hemodynamic monitoring, emphasis on nursing management and interpretation of hemodynamic data obtained from a pulmonary artery catheter and problems with invasive monitoring.

**Instructor:** Natalie Correll-Yoder, RN, MS, CCRN      Fee: \$120.00

**Dates/Time/Location:** **February 22, 2020 (Sat)**–Dublin      9:00am-4:30pm

### **IV Therapy Update (6 CE)**

**RN DAY 5:** We will review and discuss various methods of IV therapy administration including peripheral therapy, PICC lines, triple lumen catheters and implanted ports. We will review current standards and practices as recommended by the IV Nurses Society for fluid administration, flushing IV lines, blood withdrawal from central lines as well as care and maintenance of peripheral and central lines.

**Instructor:** Randy Azevedo, RN, MSN      Fee: \$120.00

**Dates/Time/Location:** **January 17, 2020 (Fri)**–Dublin      9:00am-4:30pm

### **Legal Ethics and Patient Safety (6 CE)**

**RN DAY 3: Legal Issues & Ethical Considerations:** What is negligence? When does negligence ripen into liability? What is malpractice? Which strategies to employ in order to prevent a charge of either? Understand and apply health care ethics to stay in compliance with health care laws. Learn the practice of risk assessment and priority setting in a continuum. The Patient Safety Initiatives section of class will explain the legal, ethical and socioeconomic basis for contemporary regulations & evidence based practice: failure to rescue, rapid response teams, core measures, root cause analysis, hospital-acquired infections, HIPAA, informed consent, advanced directives, patient education and empowerment, and much more.

**Instructor:** Elizabeth Arce, RN, Esq.      Fee: \$120.00

**Dates/Time/Location:** **January 11, 2020 (Sat)**–Dublin      9:00am-4:30pm

### **Mastering Critical Thinking Skills**

The most important skills you should have for healthcare delivery are problems solving skills. Knowing how and when to apply the knowledge from your training is essential, especially in the healthcare environment of reduced resources and increased demands. You need to use critical thinking in order to evaluate clinical practice and make sound patient care decisions. This program provides the basic framework for you to begin to acquire an understanding of the methods and applications of critical thinking. A must for new graduates as well as long term providers struggling with increased demands.

**Instructor:** Elizabeth Arce, RN, Esq.      Fee: \$120.00

**Dates/Time/Location:** **Coming Soon!** Dublin      9:00am-4:30pm

### **Mechanical Ventilation**

Evidence-based patient/ventilator management in the ICU and E.D. for Respiratory Therapists, Critical Care RNs and Nurse Practitioners. Topics include: respiratory failure and the need for mechanical ventilation, ventilator waveform interpretation, respiratory mechanics, evidence based mechanical ventilation strategies for obstructive and restrictive disorders, ARDS, patient/ventilator asynchrony, noninvasive ventilator support, respiratory muscle fatigue avoidance, and predicting readiness for extubation.

**Instructor:** Bill Miller, RT      Fee: \$120.00

**Dates/Time/Location:** **Coming Soon!**      9:00am-4:30pm



### Monitor Technician Training Program

This program provides an excellent opportunity for entry into or advancement within the healthcare field. A monitor technician fills an important role on the patient-care team by carefully watching patients' heart rhythms on monitors and alerting staff when abnormal rhythms are displayed. At the completion of these 4 days of intensive instruction you will have gained proficiency in the following: lead placement for telemetry monitoring, basic EKG interpretation, advanced arrhythmia recognition, and communication skills on the healthcare team. Students must pre-register and provide copies of the following documents: 1) Driver's license/ID, 2) High school diploma or medical license. A competency based certificate is awarded upon successful completion. **This course is no longer approved for CNA CEs.**

Instructor: Barbara Shannon, RCP, RN Fee: \$450.00  
Dates/Location: December 16, 17, 18, 20, 2019 (MTWF) 9:00am-4:30pm  
March 9, 10, 11, 13, 2020 (MTWF)

### Neurovascular Conditions and Diabetes in Acute Care (6 CE)

**RN DAY 2 :** Neurovascular Conditions: This program will provide care strategies for traumatic brain injury, seizures, and encephalopathy, with emphasis on stroke care per Joint Commission core measures. Diabetes in Acute Care: Discussion of guidelines for hyperglycemic crises, the dilatory effects of hyperglycemia on recovery, and the principle of tight glycemic control.

Instructor: Margie Chop, RN, BSN Fee: \$120.00  
Dates/Time/Location: January 10, 2020 (Fri)–Dublin 9:00am-4:30pm

### Neuro Basics for Critical Care (6 CE)

**CC DAY:** A review of the nervous system anatomy and pathophysiology; basic neuro assessment; correlating neurological conditions with assessment findings, treatment options, and nursing interventions. Discussion of skull fractures, meningitis, hydrocephalus, seizures, strokes, intracranial hemorrhage and increased intracranial pressure.

Instructor: Jennifer Cave-Brown MS, RN, NP, ACNP-BC, CNRN  
Fee: \$120.00  
Dates/Time/Location: March 7, 2020 (Sat)  
Dublin, 9:00am-4:30pm



### **Attention All Healthcare Providers: *Don't let your AHA Certifications Expire!***

American Health Education is an authorized American Heart Association Training Center. This means, when you take and pass your class you will receive your card that day, no waiting. We offer BLS, ACLS and PALS certification and Re-certification courses throughout the month.

See pages 5-7 for a schedule of courses that meets your needs.

### Class location:

AHE Dublin: 6761 Sierra Court, Suite G, Dublin, CA 94568



### **Neurological Syndromes and Management (6 CE)**

**CC DAY:** This course provides an interactive case study review of common neurological syndromes seen in Critical Care. Focus is on the application of topics presented in CC Day 8.

**Instructor:** Jennifer Cave-Brown MS, RN, NP, ACNP-BC, CNRN  
**Fee:** \$120.00

**Dates/Time/Location:** **March 14, 2020 (Sat)**  
Dublin, 9:00am-4:30pm

### **Post-Op Complications, Sepsis and Shock (6 CE) NEW!**

**RN DAY 12:** Critical thinking is vital for the early recognition and treatment of post-op complications. Nurses need to understand the surgical procedure, anesthesia, inherent risks, as well as a patient's co-morbidities to anticipate potential problems, perform focused assessments, and proactively manage the patient's care. This program will clarify normal cardio-respiratory, gastrointestinal, renal, immunological, neurological, and circulatory physiology, and the alterations in physiology produced by surgical stress.

**Instructor:** Coreen Patrick-Hartley, RN, MSN **Fee:** \$120.00

**Dates/Time/Location:** **February 1, 2020 (Sat)**–Dublin 9:00am-4:30pm

### **Respiratory Assessment (6 CE)**

**CC DAY:** Come learn the key concepts and skills needed to perform a comprehensive assessment for patients with respiratory disease. Content includes the collection of nursing history, physical assessment, ABG interpretation and technological adjunct data used to formulate a nursing care plan for the respiratory patient. Please review basic respiratory anatomy and physiology prior to the class.

**Instructor:** Bill Miller, RT **Fee:** \$120.00

**Date/Time/Location:** **March 20, 2020 (Fri)**–Dublin 9:00am-4:30pm

### **Respiratory Care Update (6 CE)**

**RN DAY 4:** The goal of this program is to update the RN's knowledge & skill in the care of patients with respiratory compromise. Topics include: causes and treatment of atelectasis, pleural effusion and pulmonary edema; management of chest drainage system; pleurodesis, decortication and video-assisted thoracoscopy (VATS); prevention of ventilator acquired pneumonia; and respiratory isolation.

**Instructor:** Bill Miller, RT **Fee:** \$120.00

**Date/Time/Location:** **January 16, 2020 (Thurs)** –Dublin 9:00am-4:30pm

### **The Respiratory Patient–Eval and Treat (6 CE) NEW!**

A systematic approach to the assessment of patients with acute and chronic respiratory disorders. Topics include: oxygen therapy and blood gas interpretation, respiratory emergencies, pharmacology and evidence based treatment strategies to improve patient outcomes. This continuing education course is intended for Respiratory Therapists, RNs, and Nurse Practitioners.

**Instructor:** Bill Miller, RT **Fee:** \$120.00

**Dates/Time/Location:** **Coming Soon!** 9:00am-4:30pm

**10-day Critical Care Program:**

**Starts February 8, 2020**

*Register by 1/24/20 for discounted fee.*



**Sepsis: Killing Me Softly (6 CE) NEW!**

This course will define the sepsis pathology and the current sepsis survival guidelines. We will address failure to rescue: the problems in early detection and timely implementation of the guidelines. We will recognize the susceptible patient in specific areas. We will practice team collaboration in sepsis vignettes.

Instructor: Elizabeth Arce, RN, Esq  
 Fee: \$120.00  
 Dates/Time/Location:) Dublin  
 9:00 a.m.-4:30 pm

**Trauma Management Basics (8 CE)**

In this one-day class students will learn the basics of trauma management by learning specific nursing responsibilities for the trauma patient, demonstrating in-class patient scenarios, primary and secondary assessment survey, and verbally correlating rationale supporting critical thinking specific to trauma care.

Instructor: Bella P. Harrison, RNC  
Dates/Time/Location **Coming Soon!** Fee: \$120.00  
 9:00am-5:00pm

**Ventilator Workshop, Basic (6 CE)**

**CC DAY:** The benefits of this comprehensive overview of nursing care for the mechanically ventilated patient include: respiratory assessment, basic types of mechanical ventilation, troubleshooting, weaning and ventilator emergencies. Case studies are used to apply principles to practice.

Instructor: Bill Miller, RT  
Dates/Time/Location: **March 21, 2020 (Sat)**–Dublin Fee: \$120.00  
 9:00am-4:30pm

**Wound Care (6 CE)**

**RN DAY 8:** Enhance and improve knowledge of wound care, develop assessment and intervention skills. This course provides: anatomy, physiology and nursing care of the top 10 wound diagnosis, diagnostic processes, pharmacology advances and interventions, evidenced based treatment and dressing applications, integrate critical thinking pathways for treatment selections and health care acquired injury reduction, patient focused assessments, hands on skills, review of complications and outcomes management.

Instructor: Coreen Patrick-Hartley, RN, MSN  
Dates/Time/Location: **January 24, 2020 (Fri)**–Dublin Fee: \$120.00  
 9:00am-4:30pm



6761 Sierra Court, Suite G  
Dublin, CA 94568  
800-483-3615

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**HEALTH EDUCATION**

TO: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Registration Form

*(Please print clearly)*

CLASS: \_\_\_\_\_

CLASS DATE: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Home phone: (    ) \_\_\_\_\_ Cell phone: (    ) \_\_\_\_\_

Employer: \_\_\_\_\_ Dept.: \_\_\_\_\_

Work phone: \_\_\_\_\_ Email: \_\_\_\_\_

License type: RN LVN EMT Paramedic CNA License# \_\_\_\_\_

Circle one: M/C    VISA    CHECK    MONEY ORDER    AMOUNT \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp. \_\_\_\_\_ / V# \_\_\_\_\_

Credit card billing address for verification- if different than address above:

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_